



**ENJOYING FOOD,
ENJOYING LEARNING,
ENJOYING LIFE!
THE GOOD FOOD KITCHEN**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	23/04/2019	24/04/2019	25/04/2019	26/04/2019
	Cheese & Tomato Pasta Bake (1,2,7)	Roast Beef & Yorkshire Pudding (2,4,7)	Sausage Roll (2,5,7,9)	Cheese & Tomato Pizza (1,2,7)
	OR	OR	OR	OR
	Plain Pasta with Cheese/Tuna (2,5,7)	Cauliflower Cheese & Yorkshire Pudding (2,7)	Vegetarian Sausage Roll (1,2,4,7)	
	Jacket Potato with a choice of Fillings Jacket Potato Fillings: Cheese(7), Tuna(4), Beans	Jacket Potato with a choice of Fillings Jacket Potato Fillings: Cheese(7), Tuna(4), Beans	Jacket Potato with a Choice of Fillings Jacket Potato Fillings: Cheese(7), Tuna(4), Beans	Jacket Potato with a Choice of Fillings Jacket Potato Fillings: Cheese(7), Tuna(4), Beans
	Seasonal Vegetables	Gravy (1,2,7,14) Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Crusty Bread (2)	Roasted(13) & Boiled Potatoes (7)	New Potatoes	Chips (13)
	Meringues with Cream & Chocolate Sauce (2,7)	Sultana & Cinnamon Cookie (2,7)	Carrot Cake Muffins (2,7)	Choc Ice (7,13)
	OR	OR	OR	OR
	Yoghurts(7) or Fresh Fruit	Yoghurts(7) or Fresh Fruit	Cheese(7) & Biscuits(2) or Fresh Fruit	Yoghurts(7) or Fresh Fruit

Allergen Information

Fourteen major allergens are identified. For school purposes each menu choice will have numbers from 1-14 alongside. Please note that some menu choices will have more than 1 number. The list below identifies which number corresponds to which allergen. Not all allergies are included in the new legislation but be assured that we will continue to take each individual child's needs into account.

1: Celery (and celeriac).	8: Molluscs for example clams, mussels, whelks, oysters, snails and squid.
2: Cereals containing gluten.	9: Mustard.
3: Crustaceans for example, Prawns, crabs lobster and crayfish.	10: Nuts , such as almonds hazelnuts, walnuts, Pecan nuts, Brazil nuts, Pistachio, Cashew and Macadamia (Queensland) nuts.
4: Eggs.	11: Peanuts.
5: Fish.	12: Sesame.
6: Lupin.	13: Soybeans
7: Milk.	14: Sulphur Dioxide which is a preservative found in some dried fruit.