

THE LETHBRIDGE TIMES

www.lethbridgeprimary.co.uk

YOUR SCHOOL NEWSPAPER

20p

🧘‍♀️ Healthy Minds at Lethbridge! 🧘‍♀️

From the 7th to the 14th of February, Lethbridge took part in Mental Health Week.

To celebrate, Lethbridge children did many activities, such as planting seeds; making awesome stained-glass windows; and going to a new mindfulness club at lunchtimes.

This year, our theme for Mental Health Week was 'Growing Together', and to represent this, each child planted a seed or bulb to symbolise growth. Children enjoyed the experience and it also added some extra life to our playgrounds.

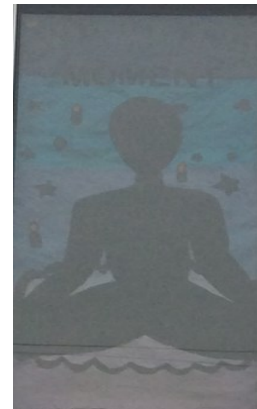
By Mary

For the Window Wonderland, each class had a certain theme to do with health for their two windows. All of them turned out great, and they all look amazing together as a window display.

To the right are pictures of the 6GB windows, showing their theme: mindfulness.

Finally, Mrs Moran has organised a Mindfulness Club, which children can go to at lunchtimes. It takes place in the Library.

It is a calm, quiet space, where two children from each class can go to experience some peaceful activities. It is somewhere peaceful to colour, read and play quiet games.



Mindfulness Window



Mindfulness Window

This issue includes:

- Tudor Word Search
- Science Fun
- Easter jokes





Term 3 and 4 Values Tolerance and Courage



In Term 3, our school value was tolerance.

Being tolerant towards people is an important part of how we behave at Lethbridge.

There are lots of different ways to show tolerance:

- Being polite when other people think differently.
- Listening to what other people have to say.
- Respecting that other people may have different interests to you.
- Understanding and accepting different opinions.
- Being accepting towards differences.

In Term 4, our school value was courage.

Courage is a very useful value—it can help you to achieve in school and in life.

There are many ways to be courageous. Here are some of them:

- Sticking at a task even when it takes time or effort.
- Admitting you don't understand something.
- Owning up when you are in the wrong.
- Saying 'no' when everyone is pressing you to do something you do not want to do.
- Standing up for someone if they are being treated in an unkind way.

By the team

Terms 3 and 4

Project Me and Forest Schools

Swindon Town Football Club and a small forest don't seem to have much in common. But over the last couple of terms, both of these things have been helping Lethbridge children to develop new skills.

Swindon town FC (STFC) have been visiting the school every week to run a 'trailblazer' project. It's called 'Project Me' and is aimed at improving children's confidence and leadership abilities through classroom learning and PE. Each child has a booklet with a target where they can track their progress.



STFC—Project Me

In the final week of this term, the lucky children who took part will be visiting the STFC stadium to finish the project by taking part in some football training.



Forest School Fun

EYFS children have been visiting the Forest School and looking at how the environment changes when Spring starts. They have been building dens and finding mini-beasts. Some Year 6 children have been going along too to help out and have a little fun.

By Scott

Science Fun

Over the last 2 terms, there have been some exciting science experiences for Lethbridge children.

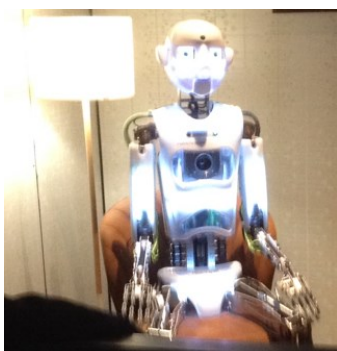
In Key Stage 1, the Explorer Dome came to school. The children got to go inside the dome, which was set up in the New Hall.



Inside the Explorer Dome

A few children from Year 2 shared their thoughts about what they'd learned in the dome. Elodie said: "We learned about what people in the olden days thought the moon was." Arlo said: "We learned about stories from the constellations." Fiona added: "We looked at pictures of the planets and we learned about them."

The children have learned some interesting new facts and had a great time learning about space .



The Talking Robot

In Key Stage 2, Years 3 and 4 went on a trip to the science museum, 'We The Curious', in Bristol. Some of the fun activities included a 'Digestive System Workshop'; a talking robot, which can answer your questions; and an animation centre.

Gustavo, from 4JM, said: "My favourite part was the real life robot." Prathana, from Year 3, said: "I loved learning about digestion!" A great time was had by all.

By Nepathya and Henry

Easter around the World

On Friday 8th April, Lethbridge School will be having it's annual Easter Egg Hunt (involving over 1000 chocolate eggs!)

How else do people celebrate Easter around the world?



Giant Omelette—France

- In France, in the town of Bessieres, the residents get together on Easter Monday to cook an enormous omelette. They use 15,000 eggs!
- In Florence, Italy, they have the 'Procession of the Exploding Cart!' An old-fashioned cart is packed full of fireworks, pulled through the town and then a fuse is set alight, leading to some colourful explosions!
- In Finland, there is the tradition of 'Easter Witches'. A bit like on Halloween, children dress as witches and go knocking on doors with a basket. If they're lucky, they fill the baskets with lots of chocolate eggs.



Exploding Cart—Italy



Easter Witches—Finland

Do you have any unusual Easter traditions?

By the team

The Tudor Word Search!

By Iggy

Can you find the Tudor words hidden below?

B	F	Y	I	E	K	A	R	D	A
E	H	E	N	R	T	N	A	N	F
H	Y	R	W	U	H	N	L	A	K
E	H	T	E	B	A	Z	I	L	E
A	R	S	P	O	T	T	A	G	E
D	A	H	P	P	D	U	H	N	U
E	M	C	O	A	Y	R	N	E	H
D	A	R	I	N	E	U	O	F	J
F	R	A	F	E	A	S	T	O	U
A	Y	N	N	M	P	G	U	H	E
T	R	O	N	A	O	S	D	C	R
U	O	M	A	R	T	I	O	R	L
D	S	Y	O	I	D	O	R	U	O
O	E	N	N	A	N	N	D	H	P
P	O	G	T	A	G	E	I	C	H

jousting	Church of England	beheaded	Mary Rose	pottage	Drake
Elizabeth	Henry	Tudor	feast	monarch	Anne

Easter Jokes

Q: What music does the Easter Bunny like to dance to?

A: Hip Hop!

Q: How does the Easter Bunny keep fit?

A: By doing lots of eggs-ercise!

Q: How does the Easter Bunny feel right after Easter?

A: Totally eggs-hausted!

Jokes found by the team